

BIO DATA



- NAME** : NATIONAL PROFESSOR BRIG. (RTD.) ABDUL MALIK
- DATE OF BIRTH** : 1st December, 1929
- FATHER'S NAME** : Late Mvi. Furkan Ali
- MOTHER'S NAME** : Late Sayeda Nurun Nessa Khatun
- PRESENT ADDRESS** : House no-99, Shyamoli, Street-2, Shyamoli, Dhaka-1207.
Tel- 58152075, 9113699
- PERMANENT ADDRESS** : Vill.- Paschim Bhag, Union – Kuchi, P.O.- Srirampur,
P.S. – Dokhin Surma (দক্ষিণ সুরমা), Dist. – Sylhet, Bangladesh
- FAMILY HISTORY** : Married, Children-3
- A. Wife : Mrs. Ashrafunnessa Khatun
Social Worker
- B. Children :
- i. Professor Dr. Fazila-Tun-Nesa Malik
MBBS, FCPS, MRCP(U.K.), FRCP (Edin), F.A.C.C (USA)
Professor of Cardiology & Chief Consultant
Cardiologist, National Heart Foundation Hospital &
Research Institute, Dhaka.
- ii. Mohd. Masud Malik, M.Com.,
Industrialist
- iii. Mohd. Monzur Malik, MS
In service in Canada (Research)
- QUALIFICATION** : MBBS (Dhaka), MRCP (UK), FRCP (Glas), FRCP (Edin),
FCPS (Bd), FCCP (USA), FACC (USA), Ph.D
- CURRENT POSITION** : i. Founder and President,
National Heart Foundation of Bangladesh.
- ii. Member, National Health Council (Headed by
Honourable Prime Minister)
- iii. Founder and Chairman, United Forum Against
Tobacco
- iv. Founder and President, Bangladesh Network for NCD
Control and Prevention
- v. President, Advisory Council,
Bangladesh Cardiac Society
- vi. Chairman, Academic Council, National Heart
Foundation Hospital and Research Institute.

- vii. Member, Management Committee, Ibrahim Cardiac Hospital and Research Institute
- viii. Member, Trustee Board, Bangladesh University of Health Science (BUHS)
- ix. Advisor, National Center for Control of Rheumatic Fever and Heart Diseases

BRIEF ACTIVITIES:

Prof. Abdul Malik is a pioneer and has got outstanding contribution for prevention and control of Cardiovascular diseases and creating modern service facilities for cardiac patients, education and training of manpower i.e. doctors, nurses, paramedics, technologists and research activities in cardiovascular field in Bangladesh as well as in the region.

- i) MBBS from Dhaka Medical College in 1954
- ii) Joined Pakistan Army Medical Corps in June 1955.
- iii) Worked in various Medical units and Military Hospital in Pakistan from 1955 to 1963.
- iv) MRCP course and training in Cardiology in Hammersmith Hospital, Post Graduate Medical School in London and other hospital in UK from March 1963 to March 1966.
- v) Established Cardiac Unit in Military Hospital Rawalpindi, Pakistan (now Armed Forces Institute of Cardiology-AFIC) where first Open Heart Surgery in Pakistan was done in March 1970.
- vi) Joined Institute of Post Graduate Medicine and Research, Dhaka (now Bangabandhu Sheikh Mujib Medical University) and established cardiac unit and worked as Professor of Cardiology from July 1970 to June 1978.
- vii) Founder Director cum Professor of National Institute of Cardiovascular Diseases Dhaka. Worked there from July 1978 to November 1989 where first Open Heart Surgery was done in Bangladesh in September 1981.
- viii) Founder President, Bangladesh Cardiac Society from 1980-2005, at present President, Advisory Council, Bangladesh Cardiac Society.
- ix) Established National Center for Rheumatic and Other Heart Disease Control Project. Worked as Project Director from 1987 to 1989.
- x) Realizing the graveness of future cardiovascular problem and for its effective prevention and control, National Heart Foundation of Bangladesh (NHF) was formed at his initiatives in 1978 with some dedicated medical and non-medical social workers. After retirement from service in December 1989, he was involved fulltime as Founder Secretary General, National Heart Foundation of Bangladesh till April 2014 and at present he is the President of National Heart Foundation of Bangladesh. The Foundation is a non-Governmental, non-profit organization and affiliated with World Heart Federation (WHF), World Hypertension League (WHL) and International Society of Hypertension (ISH). World Health Organization (WHO) also supports the various training program and academic activities. National Heart Foundation Hospital and Research Institute, Mirpur, Dhaka is a project of National Heart Foundation of Bangladesh; is being developed with the support from Govt. of the People's Republic of Bangladesh and also donation from individual and organization. This hospital has been fully equipped with modern equipments and functional as 450 bedded cardiac hospital; is carrying out all types of modern investigation and treatment. The hospital provides free service to poor patients and all investigations and treatment are done at lower charges than other hospitals. National Heart Foundation of Bangladesh is playing vital role for prevention and control of cardiovascular disease and training of manpower and research activities on cardiovascular disease are being carried out. Foundation has got 41 Affiliated Bodies in different parts of the country where preventive program to educate and motivate people about prevention and control of Heart Diseases are taken.
- xi) Founder President of South Asian Association for Regional Cooperation (SAARC) Cardiac Society from 1997 to 1999.
- xii) Member, Expert Panel Committee of World Health Organization (WHO) on Cardiovascular Disease from 1976 to 2000.
- xiii) Vice President, Asian Pacific Society of Cardiology from 1994 to 1999.
- xiv) Former Advisor, Ministry of Health and Family Welfare and Religious Affairs, Care Taker Government of Bangladesh in 2001.

- xv) With the intention of curbing tobacco menace– United Forum Against Tobacco (UFAT) was formed in 2010 at Prof. Malik’s initiative with the participation of members of Association of Physicians of Bangladesh, Bangladesh Cancer Society, Bangladesh Lung Foundation, Bangladesh Society of Medicine and National Heart Foundation of Bangladesh. Professor Malik is the chairman of this forum.
- xvi) In order to work collectively in a coordinated way, to control and prevention of Non-Communicable Diseases in Bangladesh, ‘Bangladesh Network for NCD Control and Prevention (BNNCP)’ was formed in 2015 at his initiative with several health professional and civil society organizations- National Heart Foundation of Bangladesh, Diabetic Association of Bangladesh, Bangladesh Cancer Society, Bangladesh Cardiac Society, Bangladesh Orthopaedic Society, Dhaka Ahsania Mission, Bangladesh Lung Foundation, Society of Neurologist of Bangladesh, Kidney Foundation of Bangladesh and Endocrine Society of Bangladesh. Prof. Malik is the President of this network.
- xvii) Attended and participated in many National and International Seminars, Symposium and Conferences in different countries.
- xviii) Many publications in various Journals. He is the Chief Editor of **Ridrog Barta** (A six monthly newsletter) for creating public awareness. He is also the Chief Editor of **Journal of National Heart Foundation of Bangladesh, National Guidelines for Management of Hypertension in Bangladesh** (The first of its kind), **NHF Manual of ECG** and **NHF Manual on Cardiovascular Diseases**. Nonetheless, he has written five books – **Jiboner Kichu Katha** (জীবনের কিছু কথা), **Alor Path** (আলোর পথ), **Jibon Jagat Safalata** (জীবন জগত সফলতা), **Jibon Rohosso** (জীবন রহস্য), **Safalata** (সফলতা). These books reflected his view on how to lead a successful, joyful and balanced life. The sale proceeds of these books is used for the treatment of poor cardiac patients at National Heart Foundation Hospital & Research Institute (NHFH&RI). He has established a primary school in the name of his mother in his village (birthplace).
- xix) Obtained different Awards and Medals for contribution in Medical Science and Social Works. Received highest Award from Government of Bangladesh "**Sadhinata Padak**" (**National Independence Award**) in 2004 for contribution in Health Education and Medical Science, "**National Professor**" in February 2006 for contribution in Health Education and Medical Science. Got **World No Tobacco Day Award-2014** from WHO in recognition of outstanding contribution to tobacco control. Received Honorary PhD from Bangabandhu Sheikh Mujib Medical University (BSMMU) for contribution in medical science in 2015.